

WINTER 2016



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Rea of Hopeline

SPOTLIGHT ON COURTNEY W., ARI A., KAREN H., AND MANDIE R. BY ELAINE SECRIST

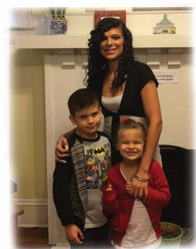
Four more miracles to add to our ever increasing list of Rea of Hope graduates! God continues to bless Rea of Hope; I feel humbled to be a small part of something so very big! Sobriety is a difficult path; our family and friends say “just don’t use” but not using is just the tip of the iceberg. As these ladies begin their journey of “living life on life’s terms”, abstaining from drugs and alcohol seems to be the least difficult part. The wreckage of our past haunts us for many years as we strive to straighten out our relationships with family, finances, legal, and medical problems; these struggles are why we must work the 12 steps with a sponsor, attend lots of meetings, and practice all of the principles of AA/NA in our daily affairs. These 4 ladies worked very hard on their recovery during their 6 months at Rea of Hope and I pray they continue to do so after leaving here.

Courtney W. came to us with the idea that we were going to work “her program”! Our rules and structure were for everybody else; not her. Courtney was reluctant to follow our suggestions but soon realized that her way of thinking is what brought her to Rea. Courtney had a definite spiritual awakening after a couple of months and began to work an honest program. Her countenance softened and her smile was genuine. Truly, everything about Courtney changed! She became motivated and invested in her recovery. Courtney graduated and returned home to her beautiful children being the Mom she wanted to be!



Karen H. came to us with a broken heart and a desire to not lose her precious daughters because of her addiction. Karen had been on the path of destruction for quite some time but having her children taken away from her seemed to be her rock bottom. Slowly but surely Karen began to accept what she needed to do to be reunited with her girls. Steady employment, working the steps with her sponsor and being held accountable for her choices helped Karen on her recovery journey. Today, Karen is living in our New Life Apartments with her children and experiencing a wonderful sober life!

Ari A. is a beautiful young mother who is extremely motivated in her recovery. Ari had lost custody of her beautiful children; this loss proved to motivate Ari. She has been motivated from day one- obtaining a sponsor, working the steps, going to meetings, participating in her own recovery, and most of all adhering to every suggestion we made. The change in Ari has been phenomenal; we are so blessed to see the results in her daily living. Ari is a beautiful and caring young lady and truly on the road to recovery in our New Life Apartments.



Mandy R. came to Rea feeling all of the sadness and remorse that comes to us once we start on the recovery path. All of the things we once medicated and drowned in alcohol are now open wounds. Mandy realized sobriety was not easy, but her desire to change and be the mother she wanted to be was the motivation she needed to stay sober. She works full time, utilizes her sponsor, practices the 12 steps of recovery, follows our suggestions and maintains a great relationship with her 1 year old son. Mandy moved into our New Life Apartments and cannot wait until she regains full custody of her little boy and becomes the wonderful mother she now can be.

These ladies are regaining the trust and respect of their families, co-workers, and friends. They have chosen to be willing to work the program at all costs and are great inspirations to all. As always, God continues to bless me with witnessing miracles first hand. We are very proud of you all and wish you the best on your individual journeys.

DEAR REA OF HOPE SUPPORTERS

They call themselves the Fab Five; five women from different backgrounds all suffering from alcohol and drug addiction who met at Rea of Hope in 2008. Amanda (Greenbrier County) was admitted first in February after completing treatment for an opiate addiction. She was a college athlete, WVU graduate and mother of 2 small children. Her children, a daughter 6 and a son 1, were living with her parents. Holly (Kanawha County) came next in March; Holly's family did not know where she was living or how she was surviving. She had been in active addiction for several years; they had not given up but did not want her at home either. Kristin (Harrison County) was admitted in September at the age of 23 after completing her first rehab. Debbie (Raleigh County), mother of 2, came in December in her first trimester. Her son age 7 was living with his dad and her daughter age 2 was living with Debbie's sister. Haley (Kanawha County) found out about Rea of Hope in jail; she completed treatment and came to Rea of Hope in May 2009. Haley had been to her first treatment at age 19 and was now 26; her family was tired but hopeful. The Fab Five all graduated from Rea of Hope and moved into our New Life Apartments (which we had just opened in 2008) where they stayed from 14 months to 2 years. During that time Debbie and Haley both had beautiful healthy babies who came home from the hospital to New Life Apartments and had all the love and support of an entire community of recovering women. Amanda's children came to live with her and Debbie's daughter joined her. Over the years and while at New Life,

Amanda regained full custody of her children and began working at Rea of Hope and moved on to a wonderful professional job where she is excelling. Holly received her degree in SW (while working at Rea of Hope) and was inducted into the National Honor Society and now has a great job in Oil and Gas. She and Amanda have bought a home and are raising the kids together. Kristen received her degree in Nuclear Medicine and had a gorgeous daughter and is working full time and living with her significant other. Debbie has received her BS in Addictions Counseling, gotten married and had another amazing baby girl. Most recently her now 15 year old son has come to live with her. Haley received her Associates Degree in Addictions Counseling and gave the commencement speech. She has also received her Certification in Addictions Counseling and currently serves on the WV Certification Board of Addiction Prevention Professionals and is the Case Manager at Rea of Hope. She also got married, had another bouncing baby boy and bought her first home. These women have maintained their relationships over the years and supported each other in their recovery and all that life brings; mothers, daughters and sisters all working and being productive members of society. They are truly Five Fabulous Women who continue to give back and set wonderful examples of recovery and what is possible. The most amazing gift is to their families who are proud beyond words. Sincerely,
Marie Beaver

Staff:

Executive Director, Marie Beaver
 Associate Director, Elaine Secrist
 Program Case Manager, Haley Herron ('09)
 Administrative Assistant, Heather Darr
 Bookkeeper, Beth Robey
 Recovery Coach Sandy Fisher
 Recovery Coach, Kim Polling ('13)
 House Tech, Stephanie Vance ('15)
 House Tech, Megan Carpenter ('16)
 House Tech, Frances Shearin
 Part Time House Techs, Amanda Datson ('14), Lyndsay Hawkins ('16) and
 Melissa Rife ('16)



Resident's Sobriety

Achievements:

1 year or more	0
9 months-one year	2
6-9 months	4
3-6 months	5
30 days-90 days	3

Other goals met:

Employment	100%
AA/NA Sponsors	100%
Graduates	4

Board Members and Officers 2016

President, Brad Sorrells Vice President, Mitch Collins
 Secretary, Mary Elisabeth Eckerson Treasurer, Laura Ellis

Jennifer Harper	Sally Holliday	Wayne Hypes	Dave Williams
Dee Dee Younis	Ruth Joseck	Webster Jay Arceneaux	
Paula Vineyard	Ann Urling	Sharon Iskra	Tony Mazellon
Shirley Hyatt	Randy Richardson		

Emeritus:
 Richard D. Wolford
 Nick Casey

GIRLS NIGHT OUT

Elaine Secrist

The laughter and gratitude continue with our Girls Night Out! How rewarding it is to witness newfound freedom and happiness in our ladies lives. These ladies came to Rea without much to smile about much less laugh about. Little by little, they gain some self respect and hope in recovery and now are able to laugh and enjoy this night out. Laughter and friendship is good for the soul and our Girls Night Out gives us all this opportunity. This is difficult for many as we have forgotten these basic essentials of life. Love and laughter will always be the best medicine!

In September, we hit the Mexican restaurant and the movies. The movie choice was "Bad Moms"; sometimes we just have to find some humor in our parenting skills.

In October, it was pizza and the movies. "Boo" with Madea was our choice. Although, the movie is hilarious, there is always a moral lesson in Tyler Perry's movies.

In November, our night out was the annual Bean Dinner at Edgewood. Great food, friends and amazing speakers made for an excellent night! Thanks to Carl B. for donating the tickets!

Thanks to everyone for supporting this night; it is a wonderful experience for all.



We would like to send a big **THANK YOU** to **Mr. Handyman of Kanawha Valley** for donating a day of labor in memory of 9-11. They took care of our "Honey do" list. He sanded and painted a bathroom wall, hung a bulletin board, and lots of other odd jobs. This saved Rea over \$600 in labor.



REA OF HOPE received the **INOVATIVE HOUSING AWARD** at the WV Housing Conference for our New Life Apartments sober living model. Marie Beaver, Executive Director and Mary Elisabeth Eckerson, Board Secretary received the award. Check out the link to the WOWK video and news report on the Rea of Hope Facebook page.



Congratulations to our Rea of Hope grads on their sobriety anniversaries and financial accomplishments:

- Rea of Hope residents received training in the following this quarter; Sponsorship, Job Etiquette, Domestic Violence and Healthy Relationships.
- Katie D. ('13) and Sarah M. ('13) are both celebrating 4 years of continuous sobriety.
- Debbie R. ('09) is celebrating 8 years continuous sobriety.
- Melisa R. ('16) & Karen H. ('16) on celebrating 1 year continuous sobriety.
- Melisa R. ('16) & Karen H. ('16) on regaining custody of their children now living at New Life Apartments.
- Josilynn R., age 10, daughter of Melissa R ('16) for winning the spelling bee at her school and representing her school in the county wide contest.

WAY TO GO, WE ARE VERY PROUD OF YOU!!





1429 Lee Street, East
Charleston, WV 25301

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SPECIAL THANKS TO THE FOLLOWING FOR THEIR GENEROUS SUPPORT:

- *DHHR, Behavioral Health and Health Facilities, Bureau on Alcoholism and Drug Abuse for their continued support as our single biggest funder and the grant in the amount of \$361,000.*
- *The Charles and Mary Fayne Glotfelty Foundation for their continued support and grant of \$20,000.*
- *Dr.'s Stewart and Thaxton for the donations collected in their office consisting of cleaning supplies, paper products and hygiene products.*
- *Mardi Graz Casino for hosting Chips for Charity and WSAZ's Dan Klein for playing and winning \$500 for Rea of Hope.*
- *PEO Sisterhood, Chapter H for their donations of hygiene products.*
- *Sacred Heart volunteers for cleaning porches and awnings.*
- *United Way Day of Caring project partnered Rea of Hope with the United Way Board Members for a day of service in which they cleaned and painted all the apartment doors at New Life Apartments.*



Donor's Name _____
 Address _____

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 E-Mail _____
 One Time Gift _____ Annual _____ Other _____

LEVEL OF GIVING

FRIEND of Rea of Hope	\$50	plus
SUSTAINING	\$500	plus
SPONSOR	\$1000	plus
MEDALLION	\$2500	plus
ANGEL	\$5000	plus
ELITE SPONSOR	\$1000	for 5 years
ELITE PARTNER	\$500	for 5 years

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