

FALL 2017

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Rea of Hopeline

SPOTLIGHT ON

BRITTANY F., TERRI M., GLORIA S., JANIS C., CHRISTINA C., MICHAELA B., AND ANASTACIA P. BY ELAINE SECRIST

One day at a time, one miracle at a time! Celebrating seven graduates this quarter confirms God is still in the miracle business! These ladies come here suffering in every aspect of their life- financial, spiritual, physical, mental and emotional. Addiction added to low self-esteem, hopelessness, insecurity and fear is a recipe for disaster. The bad news is active addiction/alcoholism results in jails, institutions and death; the good news is we offer a "Rea of Hope"! Our program offers recovery in the form of structure, support and teaching self-sufficiency allowing our graduates to become sober productive members of society.



Brittany F. returned to Rea of Hope for her second time. Brittany's first time here resulted in her leaving after a short time. Within 72 hours of leaving here, Brittany overdosed and remained in a coma fighting for her life for the next 2 months. She immediately realized her addiction had the upper hand. Six months later, Brittany returned here with a new attitude and a new respect for life. Though calm and quiet in demeanor, Brittany's actions shout recovery and gratitude! She moved into our New Life Apartments and continues to blossom in her recovery.

Terri M. arrived here ready to change her life. With a history of legal troubles, Terri realized she could not stay sober on her own. Terri did not have to be convinced that she was an addict; she accepted this fact and was anxious to work the 12 steps of recovery. Terri's vigor and enthusiasm for life served her well on her path to recovery. After graduation, Terri continued onto our New Life Apartments.



Gloria S. also returned to Rea for a second time. As a mother of a precious little boy, Gloria was on the verge of losing him due to her addiction. Gloria came back with a new outlook and willingness to listen and learn. She followed our program rules, worked, obtained a sponsor, attended meetings and never looked back. Today, recovery is the reason Gloria's has her son in her life; she is determined to continue on this path by moving into our New Life Apartments.

Janis C. charged into our office on a mission to remain sober and regain custody of her two precious girls. Janis was tired of the life she was living stemming from addiction; she had lost everything important to her. We encouraged Janis to slow down and focus on gratitude for what she has and not what she has lost. Slowly and surely Janis began to listen and work the 12 steps with her sponsor. Upon graduation, Janis returned to her own home.



SPOTLIGHT CONTINUED

Christina C. arrived here wanting recovery but not willing to change her behavior. After many talks, Christina's tough demeanor began to fade revealing a softer side. Christina trusted no one, including herself; this slowly changed and a glimmer of hope shone in her eyes. By graduation, Christina had a new outlook on recovery and plans to move into New Life Apartments.



Micheala B., a soft spoken young lady came here with a plan and a "mission" to change her life! Michaela displayed a level of determination in her recovery that is rare. Her unveiled willingness and openness to suggestions have paved the way for her "mission" to be successful. Michaela's diligence paid off as she dedicated herself to sober living! She moved into our New Life Apartments as her journey continues.

Anastacia P., came to us very broken and shy but motivated to change her life. She is a young mother of two struggling to remain in her children's lives. Anastacia has grown into a very self-assured young lady with reunification with her children on the horizon. Today Anastacia is trustworthy and regaining her self-respect. She has set the pace for other young mothers here; we are very proud of all she accomplishes. We are delighted to witness her progress as has transitioned into New Life Apartments.



D.C. GUESTS

We had a special visit from Chip Muir, general counsel and acting chief of staff for The White House Office of National Drug Control Policy, Senator Shelley Moore Capito and U.S. Representative Evan Jenkins. Thanks for your unwavering support and dedication to the Rea of Hope and to fighting the epidemic and ending the stigma of addiction.



RESIDENT'S SOBRIETY ACHIEVEMENTS:

1 year or more	1
9-1 year	
6-9 months	4
3-6 months	2
30-90 days	3

Other goals met:

Employment	100%
AA/NA Sponsors	100%
Graduates	7

YOGA ON THE LAWN

Saturday, September 30, 2017, at the University of Charleston, we will be having Yoga on the lawn at 9:30a.m. Please bring your yoga mat or towel. Cost is \$20 for adults or \$20 in paper donations (toilet paper and paper towels). Reduce your stress, relax your mind and contribute to the Rea of Hope.



Sandra Fisher, known as “Miss Sandy” to our staff and residents, passed away on July 30, 2017. Sandy was a dedicated and loyal employee of Rea of Hope from 2009 -2017, working first as a House Tech and then a Recovery Coach. Sandy gave up her weekends and holidays to be with the residents so they would never be alone. She became a mother and/or grandmother figure to hundreds of women. She set a wonderful example of recovery, faithfulness and integrity for all to follow. Sandy found out she had inoperable cancer and didn’t know how to tell the residents. We decided to have a ‘retirement’ party for her. It was a wonderful time of Sandy stories, laughter and tears. Several graduates came back to pay their respects and thank Sandy for the difference she made in their lives; at the end of the event Rea of Hope presented Sandy with a poster with our plans to rename Rea II to Sandy’s House. Sandy and her family were overcome with gratitude that her legacy and commitment to Rea of Hope would live on. She is greatly missed by all whose lives she touched.



SANDY FISHER
2009-2017



Rea of Hope would like to give a special thanks to **Greg White**. He gave scholarships to our New Life Apartments children enabling them to attend his basketball camps in June. For some of the kids, this was their first experience at a sports camp! All of the kids loved the camp and were very grateful to be able to attend. Josilyn excelled at the camp, winning the best female ball handler award! Her smile says it all. Thanks again Greg White for providing this opportunity to our kids.

Congratulations to our Rea of Hope grads on their sobriety anniversaries and other achievements.

- Brooke G. ('16) enrolled in college at Bridge Valley Community and Technical College
- Holly T. ('08) on 10 years of continuous sobriety!
- Glory F. ('08) on 10 years of continuous sobriety!
- Chasity W. ('14) on 3 years of continuous sobriety.
- Lindsay H. ('16) on 2 years of continuous sobriety.
- Rea of Hope residents received training in the following this quarter: Recovery Yoga, Domestic Violence, Proper Attire, Health Right Outreach, Goodwill, Nutrition, and Healthy Relationships.



GIRLS NIGHT OUT

Elaine Secrist

Girls Night Out seems to get bigger and bigger in number.

In **June**, we hit the Power Park for Buck Night! Lots of laughter minus complaints equals a successful night!

In **July**, several Board members and supporters made our annual Water Park day possible. With 25 women, sunshine, food and a waterpark what better combination could there be!! An awesome day thanks to Shirley Hyatt, Jay Arceneaux, Randy Richardson, Tony Mazelon, Paula Vineyard and Mary Anderson.

In **August**, we enjoyed pizza and a movie. West Virginia’s own Jeannette Wall “Glass Castles” touched us all. Everyone could relate to one or more of the adversities of addiction, sadness, loss, mental illness and relationships depicted in this memoir of Ms. Wall’s own life. The overall message is that life can be tough but we can overcome and be happy!

Who says you can’t have fun in sobriety? Well, we know it is more fun to experience life sober and prove it every month!! Thanks to all who help us continue to have our “Girls Night Out”!





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SPECIAL THANKS TO THE FOLLOWING FOR THEIR GENEROUS SUPPORT:

- *Jacobson Foundation* for their continued support and the donation of \$10,000.
- *McDonough Foundation* for their support and a grant of \$10,000.
- *Republican Majority Inaugural Committee* for the gift of \$2000.
- *JQ Dickinson Foundation* for their donation of \$10,800.
- *The Greater Kanawha Valley Foundation* for their support and grant in the amount of \$22,000 to help with utility costs.
- *United Way of Central West Virginia* for their continued support and donation of \$15,000.
- *The 100 Club* invited Rea of Hope to speak to their members and as a result over \$1,500 was donated by members.
- *BB&T West Virginia Foundation* for their continued support and gift of \$3000.



Rea of Hope was fortunate enough to receive WV Tax Credits through the Neighborhood Investment Program (NIP), WV Development Office again this year. This is a fantastic program to encourage charitable giving and a way to get back up to 50% of your donation on your state, personal, or business taxes. A minimum donation to receive CREDIT is \$500.00. Please contact Marie Beaver 304-344-5363 for more information.

<p>Donor's Name _____</p> <p>Address _____</p> <p>Phone _____</p> <p>E-Mail _____</p> <p>One Time Gift _____ Annual _____ Other _____</p>	<p>LEVEL OF GIVING</p> <table border="0"> <tr> <td>FRIEND of Rea of Hope</td> <td>\$50</td> <td>plus</td> </tr> <tr> <td>SUSTAINING</td> <td>\$500</td> <td>plus</td> </tr> <tr> <td>SPONSOR</td> <td>\$1000</td> <td>plus</td> </tr> <tr> <td>MEDALLION</td> <td>\$2500</td> <td>plus</td> </tr> <tr> <td>ANGEL</td> <td>\$5000</td> <td>plus</td> </tr> <tr> <td>ELITE SPONSOR</td> <td>\$1000</td> <td>for 5 years</td> </tr> <tr> <td>ELITE PARTNER</td> <td>\$500</td> <td>for 5 years</td> </tr> </table>	FRIEND of Rea of Hope	\$50	plus	SUSTAINING	\$500	plus	SPONSOR	\$1000	plus	MEDALLION	\$2500	plus	ANGEL	\$5000	plus	ELITE SPONSOR	\$1000	for 5 years	ELITE PARTNER	\$500	for 5 years
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