

### SPOTLIGHT ON ASHLEY T., TARA R., APRIL J., MICHELLE H., CODY H., TIFFANY C., AND ALYSSA W

By Heather Darr

We are thrilled to report 7 graduates this quarter: Ashley T., Tara R., April J., Michelle H., Codi H., Tiffany C., and Alyssa W. All arrived at the Rea of Hope with a desire to learn how to live life sober. They came here suffering from the consequences of the disease of addiction. They were broken spiritually, financially, physically, mentally and emotionally. Six of the seven had lost custody of their children due to their disease. Their willingness to change and try a new way of life while working the twelve steps has led to restoration in many areas of their lives, including reunification with their children. The structure and support from our program has enabled them to reclaim the lives they were meant to lead. All are now productive members of society, working full time and staying sober one day at a time. All of these graduates have chosen to remain at the Rea of Hope and continue their recoveries in our New Life Apartments. These women have expressed in their own words what the Rea of Hope has done for them.

Ashley T. "Before coming to the Rea of Hope I was broken. I had lost everything I loved. My family, my kids, and myself. I had tried recovery two other times and was unsuccessful. When I came in this time I knew it was life or death and I wanted sobriety more than anything. In 7 months, I have grated from phase 1 of the program. I have a full time job where I was just promoted to executive manager at my place of employment. My children are coming to live with me at New Life Apartments. I'm able to be the mother they deserve. The Rea of Hope has given me a chance to live a life I never dreamed possible. It has inspired me to be the best woman I can be. The love and support I have gained from this program is amazing. Today I am truly blessed and am forever grateful for this program."





**Tara R.** "When I first got to the Rea of Hope I hadn't seen my daughter Sofia in almost a year. We now talk daily and I'm getting visitation with her again. I was able to take her on vacation this year to the beach which is something we have never been able to do. I work 40 plus hours a week. My family trusts me and life is much more enjoyable then I can ever remember it being."

**April J.** "When I first came to Rea of Hope I was miserable. Closed off. Finished with life. Now I'm very grateful, open, honest, and willing. I laugh all the time. Loving myself has been the hardest and most important lesson I have learned so far."



Michelle H. "Before I came to the Rea of Hope, I was so wild and running on self-will," she says. "I've learned that without God I can't win. The only thing between me and the next drink or drug is him. As long as I'm in good spiritual condition, I have hope. I have found much needed motivation and success here in an abstinence based program."

**Codi H.** "The Rea of Hope has not only changed my life, but given me life. Until now I couldn't even manage to be happy with myself or who I was as a person. Now I find happiness in who I have become. I am learning to be self-sufficient and I am learning new skills each and every day!"



**Tiffany C.** "The Rea has given me a safe place to continue to heal with love and support all around me. They have also guided me as I integrated back into society helping me to learn to be self-sufficient. They also helped me set and achieve goals that allow me to gain confidence and continue to work on the woman God created me to be."

**Alyssa W.** "The Rea has given me a sense of safety and stability for the first time since I was an adolescent. I know that I have a network of women who genuinely love and care for me and my son, and I can depend on them. I am becoming a strong and confident woman and mother because of the role models that I have found at the Rea"





We are sad to say goodbye to our friend and coworker, Beth Robey; however, we wish her the best in her next chapter. We will miss her sweet smile and her homemade treats! We would like to welcome Betsy Willis as our new Bookkeeper.

Congratulations to our friend and former employee Brooke Garrison, on the birth of her daughter Winter Everly such a beautiful miracle!

### COMMUNITY INVOLVEMENT

Rea of Hope's Executive Director, Marie Beaver, was invited to participate in a round table discussion hosted by US Senator Shelley Moore Capito and Scott Turner, Executive Director of the White House Opportunity and Revitalization Council. The purpose of the discussion was community development with a focus on work force development, public safety and opioid recovery!





We were delighted to be joined by Tanya Dickinson of Volunteers of America along with Jeff Horwitz, COO of SAFE Project and David Trott, SAFE Director of Economics and Special Programs. Our guests enjoyed a tour of our properties and sat down for a discussion with our Executive Director to learn more about Rea of Hope's abstinence based program.

Our Executive Director, Marie Beaver, ran into DHHR Secretary, William "Bill" Crouch while at a luncheon! We are grateful for his support and would like to recognize the DHHR as our biggest single funder. Their continued support of our program enables us to focus on our mission and impact our community.



Rea of Hope graduates and employees, Brittany Wolfe and Beverly Sadler, represented our abstinence based program in an informative Listening Session at the University of Charleston Pharmacy School. The discussion involved Charleston's response to Substance Abuse Disorder.



## RESIDENT'S SOBRIETY ACHIEVEMENTS:

9 months-1 year 3 6-9 months 1 3-6 months 5 30 days-90 days 5

Other goals met:

Employment 100% AA/NA Sponsors 100% Graduates 7

% based on residents of at least 30 days

### MONTHLY NEEDS LIST:

white full size bath towels twin mattress pads twin white sheet sets umbrellas

# Congratulations to our Rea of Hope grads on their sobriety anniversaries and financial accomplishments:

- Holly T. ('08) is celebrating 12 years of continuous sobriety.
- Glory F. ('08) on 12 years of continuous sobriety.
- Chasity W. ('14) celebrates 6 years of continuous sobriety.
- Brittany F. ('17) celebrates 3 years of sobriety!
- Nycole L. ('18) has 2 years of sobriety.
- Tiffany L. ('18) celebrates 2 years!
- Erin M. ('19) celebrates 1 year.
- Rea of Hope residents received training in the following this quarter: Parenting, Blood Borne Pathogens, Credit Counseling, and Financial Literacy.

WAY TO GO, WE ARE VERY PROUD OF YOU!!

### **GIRLS NIGHT OUT**

By Heather Darr

"Girls Night Out" is always a highlight during the month. Our residents get to experience having clean and sober fun, something many haven't done for a long time. Enjoying life and laughing are just some of the rewards of recovery that we get to share with our women. In June we went to the Power Park and enjoyed the game, good food, and time spent together. We would like to give a special thanks to Rick Wolford for sponsoring this event every year. In July we went to Water Ways! This annual trip has become a favorite for all. Sunshine, lunch from Firehouse Subs, and swimming made for an awesome day together. In August we took a self-defense class at Butch Hiles Brazilian Jiu Jitsu & MMA, and afterward had a delicious home cooked meal at the Rea of Hope. This was an instant favorite night out; our women loved learning how to protect themselves and enjoyed getting physical! Thank you to the Bible Study Group at River Ridge Church of Charleston for sponsoring this outing. We would also like to thank Reverend Randy Richardson and his wife Cindy Richardson for preparing the lasagna for our dinner.







### OUR REA OF HOPE GRADUATES ARE DOING BIG THINGS!

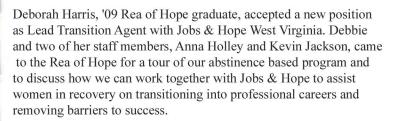


We would like to congratulate our Case Manager Brittany Wolfe, on being awarded the Glotfelty Foundation Education Grants Scholarship for tuition, books and cost of living! The Glotfelty Foundation has been a consistent supporter of Rea of Hope over the years, and we are thrilled that a graduate and employee is the recipient of this scholarship to continue her education!



We would like to recognize and congratulate Rea of Hope employees and graduates Shatarra S. ('18) and Beverly S. ('18) as well as graduate Julie K. ('18), on being recipients of this year's Fruth Pharmacy Bridge of Hope scholarship!! This scholarship is exclusive to men and women in recovery who are continuing their education! We are so proud! Congratulations ladies!









The Rea of Hope family welcomes Isaiah Hoist Curry, born July 4th, 2019, 6 lbs. 4 oz., 20 inches long. Phase II resident and mother Erin M. ('19) is doing great! Another child born in recovery; countless lives positively affected by our abstinence based program.



Ally C. ('18) completed her High School Equivalency!!



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### SPECIAL THANKS TO THE FOLLOWING FOR THEIR GENEROUS SUPPORT:

- CORRECTION: We would like to thank the Maude H. & John L. Dickinson Foundation for their generous grant of \$15,000. In our last newsletter we erroneously identified the HQ Dickinson Family Foundation.
- The WV Housing Development Fund AHP grant in the amount of \$46,968 for special projects.
- The Greater Kanawha Valley Foundation for their grant in the amount of \$22,000 to help pay for utilities.
- BrickStreet/ENCOVA Foundation for the grant in the amount of \$10,000.
- The United Way of Central WV for the grant of \$9,000.
- The Wells Fargo Foundation for the gift of \$3,500.
- Rea of Hope would like to thank **Presbyterian Coffee Project**, **Linda Elliott and First Presbyterian Church**, for their generous donation of \$1000 for women's feminine hygiene products.
- McGriff Insurance Services for the donation of cleaning supplies and picking Rea of Hope for their Lighthouse Project!!

#### OTHER WAYS TO HELP:

Don't forget to like us on Facebook! PLEASE sign up for Amazon Smile and Kroger Community Rewards with the Rea of Hope as your chosen organization.

