

SPOTLIGHT ON CRYSTAL G.

By Heather Darr

We are excited to announce our graduate this quarter: **Crystal G.** Crystal arrived at the Rea of Hope ready to do whatever it took for her recovery to begin and to learn to live life sober. She had suffered many consequences from the disease of addiction, including losing her children. She had finally had enough. Crystal has worked very hard on herself and remained teachable and willing during her time here at the Rea of Hope. She has been a true joy, and to witness her growth and perseverance has been nothing short of miraculous. She has chosen to remain in our safe, structured, abstinence based environment and to go to our New Life Apartments. She is working toward reunification with her children and towards the life



she was meant to live. Crystal expressed her gratitude: "Before I came to the Rea of Hope, I wanted to die. I was lost and had given up on life. Since being at the Rea of Hope I have learned that I have nothing to be ashamed of or embarrassed about. Today, I'm grateful for second chances, my support group, recovery, and most importantly the Rea of Hope for helping save my life and giving my kids a place that they know and feel safe. My kids call the Rea of Hope their safe place!"

Save the Date!

5pm, Thursday, February 27th, 2019

\$150.00 per ticket

Please come support Rea of Hope and have a fantastic dinner with friends at the Chop House located in Charleston's Town Center.

Tickets and Reservations are a must but hurry, only 100 seats available.

Check www.reaofhope.org and our Facebook page after the holidays for menu & more information. RSVP to haley.walker@reaofhope.org or call (304)344-5363

VOLUNTEERS

Without the support and involvement from our volunteers we would not be able to continue in our mission. We have been blessed with the best volunteers from our community. They inspire us to be better; we cannot thank them enough.

One of the volunteers that has had an immense impact on us at the Rea of Hope has passed away, our dear friend, John Maier. John was a part of Rea of Hope from the very beginning. Through the years he remained involved as a board member and a friend. We would not be who we are today without John's unwavering dedication and endless support of our mission. John's love and legacy will continue to live on in Charleston, WV through the lives of the women and children served by this program. We will also be honoring John with the **John Maier Volunteer Award** for an exemplary volunteer to be given annually at our Miracles on Lee Street fundraiser.





Several members of the **Charleston Vandalia Rotary Club** were kind enough to spend their Saturday evening cooking out for our women. Food, fun and fellowship never goes out of style. Thank you for a great time and for your support since the beginning.

We appreciate Megan Hudnall of Megan Lorrison Photography, for donating her time to have a photo shoot for our moms and their kids in our Phase II New Life Apartments. Some of the greatest rewards we witness in our abstinence based program are the reunification of mothers with their children, and the birth of a child who is drug free. The photos serve as a reminder that our abstinence based recovery program does work and reunites families. Not only did these photos come out fantastic, but the ladies and their kids had a blast. Thank you so much for your kindness and generosity.



COMMUNITY



We had the honor of a visit from the United States Office of National Drug Control Policy. Deputy Director, Kendel Ehrlich and Senior Staff, Anne Hazlett, toured Rea of Hope and sat for a round table discussion with our Executive Director Marie Beaver, several Rea of Hope board members, staff members and residents (past and present). The topics revolved around the documented success of our abstinence based program and the personal stories of each participant and their relationship with Rea of Hope. We are so grateful for the opportunity to be recognized and applauded for our efforts in combating alcoholism and addiction in West Virginia!



Executive Director, Marie Beaver attended a luncheon hosted by U.S. Senator Shelley Moore Capito and Global Women's Innovation Network with guest speaker, Fox News journalist Shannon Bream at the Clay Center. Global WIN provides an important forum for female leaders to grow personally and professionally, while contributing to key policy debates.



Our Executive Director, Marie Beaver, was invited to participate in a panel discussion for a Congressional Staff Briefing in Philadelphia, regarding the role of community partnerships in fighting the opioid crisis. The event was hosted by **FHLB of Pittsburgh**, **FHLB New York**, **and FHLB San Francisco**. Ms. Beaver's experience and expertise are often called upon by those joining the fight against substance abuse. We are proud to have her as our leader.



We are so pleased to have been visited by **Delegate Amy Summers, House Majority Leader,** for a tour of our abstinence based program. Delegate Summers took a tour of our facility and was able to speak with a graduate and resident, learning about Rea of Hope from several perspectives. We are so grateful for her time and support.



Rea of Hope Executive Director Marie Beaver and Program Director Amanda Deitz were out on the rooftop of **Encova Insurance**, gratefully receiving a generous donation of over \$16,000 raised in just one week by their Charleston employees. They held raffles, 50/50 drawings, a bake sale and more! Thank you so much to Encova and its employees for your generous support so that we can continue to serve WV women and their families in our abstinence based program.



Our Executive Director, Marie Beaver, her Executive Assistant, Haley Walker, and our Program Director, Amanda Deitz represented the Rea of Hope for the **West Virginia Society of Association Executives** annual conference "Weed in the Workplace" at the Greenbrier.

Executive Director, Marie Beaver and our Office Manager, Heather Darr attended a conference: **Reclaiming Recovery**, in Louisville, Kentucky in October, hosted by **The Healing Place Kentucky.** The conference was stimulating and encouraging. We heard a lot of support for abstinence based treatment and listened to presentations about what is needed to support long-term recovery. We look forward to attending the conference again next year!

RESIDENT'S SOBRIETY ACHIEVEMENTS:

9 months-1 year 2 6-9 months 3 3-6 months 6 30 days-90 days 3

Other goals met:

Employment 100% AA/NA Sponsors 100% Graduates 1

MONTHLY NEEDS LIST:

white full size bath towels twin mattress pads twin white sheet sets umbrellas Congratulations to our Rea of Hope grads on their sobriety anniversaries and financial accomplishments:

- Debbie H. ('09) on 11 years of continuous sobriety.
- Katie D. ('13) and Sarah M. ('13) are both celebrating 7 years of continuous sobriety.
- Michaela B. ('17) celebrates 3 years!
- April J. ('19), Ashley T. ('19), and Alyssa W. ("19) all are celebrating 1 year!
- Rea of Hope residents received training in the following this quarter: Employment Training and Options, Meeting Etiquette, Healthy Relationships, Social Media, and Job Etiquette.

WAY TO GO, WE ARE VERY PROUD OF YOU!!

GIRLS NIGHT OUT

By Heather Darr

"Girls Night Out" is always a highlight here at the Rea of Hope. In keeping with Recovery Month, September's Girls Night Out turned into girl's night in. The residents enjoyed a taco bar followed by an ice cream sundae bar for dessert. Then they sat down to a panel of staff members and a 2010 graduate. The panel did mini-leads and then left time for questions and advice about being a woman in recovery. The evening was full of hope and fellowship! In October, we enjoyed an evening out eating at Ryan's, followed by the movie "Maleficent: Mistress of Evil". Our women had a great time, laughed until it hurt, and got to see a scary movie for Halloween! We cannot thank our sponsors, Becky Jordan, Maria Rendinell, Jack Rossi, Tony Mazelon, and Paula Vineyard enough for their generosity! For November's girl's night out, we spent the evening unwinding and relaxing with yoga and pizza at Trinity Lutheran Church. Thanks to the amazing women of River Ridge Church of Charleston for sponsoring this event for us. We are always looking for sponsors for GNO. If you would like to help, contact our office for details.

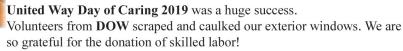






VOLUNTEERS

Mihai and his crew from **European Flooring, LLC**, came to give us an estimate to repair our damaged hardwood floors. When he found out what we do at the Rea of Hope, he offered his services at no charge so he could "give back to the community". They donated the time, labor and supplies to repair, restore and refinish our severely damaged hardwood floors. We cannot thank them enough for their kindness and generosity. We highly recommend them for your flooring needs.





Our back porch has been in serious need of some TLC. Thanks to a grant from the **West Virginia Housing**

Development Fund, we were able to begin this project. We hired **Framing Men Construction**, a team of Veterans out of Clendenin. Not only were they prompt and professional, but they got the job done right. We are thrilled with the results and recommend them for your construction needs. Check out the before and after photos.

GRADUATE NEWS

We had a joyful and unexpected visit from 2014 graduate and NLA alumni Chasity W. Chasity celebrated 6 years of continuous sobriety and gives back to her community by working as a Peer Recovery Coach at Morgan County Day Report. Chasity is a wonderful example of recovery and the program in action.

We are proud to report that at the AA Area 73 Assembly, District 9 had 8 representatives who were all graduates of our program!! It is beautiful to see our graduates continue to have a positive impact and participate in the recovery community.

Two of our graduates and full time employees, Brittany Wolfe and Shatarra Stroman, successfully completed the Peer Recovery Credential Curriculum. Next up: certification! We are so proud!





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SPECIAL THANKS TO THE FOLLOWING FOR THEIR GENEROUS SUPPORT:

- The Pallottine Foundation for their generous grant award in the amount of \$8,475 for capacity building.
- The Sisters of St. Joseph for the gift of \$1,000.
- The First Presbyterian Church for the special contribution of \$1,000.
- Rea of Hope would like to thank Trinity Lutheran, for providing all of our graduates a gift basket of household supplies and necessities upon completion of our program.
- Men's Group of Alcoholics Anonymous in Charleston for the donation of new AA approved Literature for our residents: Big Books, Daily Reflection's, and Living Sober.
- Pastor Mark Jarrell and Genesis Fellowship for continuing to donate recovery Bibles for all of our graduates.

OTHER WAYS TO HELP:

Don't forget to like us on Facebook! PLEASE sign up for Amazon Smile and Kroger Community Rewards with the Rea of Hope as your chosen organization.

	Donor's Name	LEVEL OF GIVING	
,	Address	FRIEND of Rea of Hope	\$50 plus
i.		SUSTAINING	\$500 plus
		SPONSOR	\$1000 plus
Î	Phone DEA & HERE INC	MEDALLION	\$2500 plus
ï	E-Mail	ANGEL THE THE	\$5000 plus
Ļ	One Time Gift Annual Other	ELITE SPONSOR ELITE PARTNER	\$1000 for 5 years \$500 for 5 years
		LETTE TAKETHER	\$500 for 5 years