

# SPOTLIGHT ON SARA S., WENDY J., ANNE H., REBECCA S., AND TAMMIE S.

We are thrilled to report 5 graduates this quarter: Sara S., Wendy J., Anne H., Rebecca S., Tammie S. . All of these women came here suffering from the consequences of the disease of addiction. They were broken spiritually, financially, physically, mentally and emotionally. Their willingness to change and try a new way of life while working the twelve steps has led to restoration in many areas of their lives, including reunification with their children (4 of the 5 had lost custody of their children due to their disease). The structure and support from our program has enabled them to reclaim the lives they were meant to lead. Four of these graduates have chosen to continue their recoveries in our New Life Apartments, with plans for 3 of their children to join them. These women have expressed in their own words what the Rea of Hope has done for them:

#### Sara S.

"I have survived tragedy, overcome loss and heartache, abuse, neglect and misery. Since coming to Rea of Hope, I have a positive outlook and newfound work ethic. The most important thing I've learned is that we can heal."

#### Wendy J.

"I lost my kids to addiction. I had never learned how to live. That's what the Rea of Hope has taught me. How be responsible for myself and my kids. I have worth again. I'm going home and being reunited with my children, because of the help I received here."

#### Anne H.

"I have paid the price for many of my mistakes through incarceration and loss. When I got here I was defeated. Through my higher power and the 12 steps, I've learned that I am enough. I'm independent now, anything is possible. I have plans now for my education, family, and my future."

#### Rebecca S.

"I started using at 13. I bounced from home to home, mom, dad, and grandma. When I got older toxic relationships began to take hold, and the downward spiral continued. They say the end for all of us is jails, institutions, and death, and that's exactly where I was heading. After my arrest, I chose to try something different. After treatment, I found myself on the front porch of Rea of Hope. The most important thing I've learned is that I can be honest, I used to lie about everything. I took suggestions, and got on my knees and prayed every single day, even if I didn't believe it. Now I have a relationship with God and have goals and accomplishments I want to achieve."

#### Tammie S.

"As an adult, I found myself in domestic violence relationships, shackled by the chains of addiction. Nothing seemed possible without drugs and alcohol, not even being a mother. I did my best to function and hold things together for my daughters, but slowly it unraveled, as things always do. I finally surrendered myself to a program of recovery and made my way to the Rea of Hope. I finally learned how to make and build healthy relationships; I could never see the value in them before now. I used to not realize how important it is to have support. I have found that here."









The **Ryan Brown Fund** project is progressing as planned. We are delighted to be working with **Empire Construction** and couldn't be more pleased with their work on the new 3 bedroom, 2.5 bath townhouse. We hope to have a family settled in and reunited by early 2022.







# **COMMUNITY INVOLVEMENT**

The Rea of Hope continues to be blessed with the help of generous individuals and organizations. Their support of our program enables us to focus on our mission and have a greater impact on our community. We were proud to be represented at this year's **WV Home Show**. As one of the selected organizations to receive a portion of the proceeds from this year's charity auction, Rea of Hope received \$4,000. We would like to thank **Home Builders Association of West Virginia** and Mr. **Handyman of Kanawha Valley** for their continued support and promotion.





# Congratulations to our Rea of Hope grads on their sobriety anniversaries and other achievements.

- Holly T. ('08) is celebrating 14 years of continuous sobriety.
- Glory F. ('08) on 14 years of continuous sobriety.
- Chasity W. ('14) celebrates 8 years of continuous sobriety.
- Brittany W. ('17), Program Manager at Rea of Hope, celebrates 5 years of sobriety!
- Erin M. ('19), Megan C.('18) and Tara R ('19) all celebrate 3 years sober.
- Ashley H. ('19) celebrates 2 year of continuous sobriety
- Sabrina M. celebrates 1 year of sobriety.
- Rea of Hope residents received training in the following this quarter: Healthy Relationships, Credit Counseling, and Financial Literacy.

#### WAY TO GO, WE ARE VERY PROUD OF YOU!!!

# Resident's Sobriety Achievements:

10 months-1 year 3 7-9 months 2 4-6 months 2 30 days-90 days 3

#### Other goals met:

Employment 100% AA/NA Sponsors 100% Graduates 5

### **Monthly Needs List:**

white full size bath towels umbrellas

#### **GIRLS NIGHT OUT**

"Girls Night Out" is always a highlight during the month. Our residents get to experience having clean and sober fun, something many haven't done for a long time. Enjoying life and laughing are just some of the rewards of recovery that we get to share with our women. In June we went to the Power Park and enjoyed the game, food, and time together. We would like to thank Rick Wolford for sponsoring this event every year. In July, we were able to go to the Escape Room. This was a resident favorite! We divided up into 5 teams, and only one was able to escape. We returned to the Rea of Hope for a delicious catered meal from the Catering Ladies. In August, we were able to have dinner and then tap into our creativity and paint with the ladies from the River Ridge Church of Charleston's Bible Study Group. We created beautiful artwork together; our friendship with









#### Our Rea of Hope graduates are doing big things!

One of the many blessings of Rea of Hope is the opportunity to witness the reunification of families. Sara S. ('21) and Liam are a wonderful example of hope, healing and faith in recovery. They have been reunited in our New Life Apartments!

Erin M. ('19) celebrated 3 years of continuous abstinent sobriety. During her time at New Life Apartments, Erin has become a mother to a beautiful boy, been promoted at work, bought a car, and recently bought and moved into her first home! We are proud of all of her hard work and accomplishments while in our program. Erin is an inspiration to women in recovery. Savannah E. ('20) was reunited with her daughter, Lainey, at New Life Apartments, and also gave birth to a beautiful baby girl, Norah. She too, has recently purchased her first home! It is awesome to see women move from our New Life Apartments into their very own homes. What amazing

transformations we have seen.

Tiffany L. ('18), who completed her High School Equivalency while in Phase 1, then enrolled in college at Bridge Valley Community and Technical College, is now a full time student at WVSU pursuing a Bachelor of Science degree in Health Sciences! Tiffany continues to amaze us as we

watch her grow into the new life sobriety has given her. She is a full time Case Manager at Rea of Hope and recently celebrated 4 years of continuous abstinent sobriety!





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#### OTHER WAYS TO HELP:

Don't forget to like us on Facebook! PLEASE sign up for Amazon Smile and Kroger Community Rewards with the Rea of Hope as your chosen organization.

## SPECIAL THANKS TO THE FOLLOWING FOR THEIR GENEROUS SUPPORT:

- **Maude H. & John L. Dickinson Family Foundation** for their continued and generous support in the amount of \$15,511 for general program expenses.
- **The Jacobson Foundation** for their grant in the amount of \$10,000, enabling us to continue in our mission.
- *Manpower* for the generous donation of \$5,000.
- Truist for the grant of \$2,500 for the continued support of our mission to provide safe, affordable housing.
- Sisters of St. Joseph for the grant award of \$2,500.
- **Shady Grove United Methodist Church** for their continued support and donation of \$1,000 in honor of Jack Williamson Gibson.

Donor's Name	LEVEL OF GIVING
Address	FRIEND of Rea of Hope \$50 plus
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	SPONSOR \$1000 plus
Phone DEA - CHEEPE INIC	MEDALLION \$2500 plus
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One Time Gift Annual Other	ELITE SPONSOR \$1000 for 5 years
One Time Ont	ELITE PARTNER \$500 for 5 years