

SPOTLIGHT

By Heather Darr

We are excited to announce we had 2 graduates this last quarter! Both of them have decided to continue in our program at New Life Apartments. We have been blessed to have been a part of their journey's in recovery. We are so proud of the strides they have made towards self-sufficiency and sustained recovery. We are thankful for the miracles and blessings we have been fortunate enough to witness and look forward to many more. One chose to stay anonymous; however, she wanted to share how she has changed since coming to the Rea of Hope:

Nikki W.

"The Rea of Hope has given me a safe place to begin my recovery journey. I am safe here and have support all around me. I have been guided back into life and have been able to set and achieve goals sober. The longer I am here, the more confidence I gain, which is why I have chosen to go to the apartments. I can't wait to see what is next."

Anonymous

"Since coming to the Rea of Hope, I have grown and changed so much. I never thought I could take care of myself or live on my own, let alone do it all sober. The amount of love, accountability, and support that is provided here is life changing. I have a more solid footing in my sobriety now, but I still need guidance, structure; I am still learning. I am so grateful that I can go to the apartments."



SPONSORSHIP REGISTRATION

For more information please visit our webpage www.reaofhope.org, see our Facebook page, or call 304-344-5363



FIRST THINGS FIRST

The Rea of Hope is adding a curriculum for new residents, First Things First. It is a 10-day course that will begin upon admission and it is designed to ensure that each woman has a basic understanding of the disease of addiction, its progression, and a solid foundation to build a 12 step oriented, abstinence based recovery upon. All of these elements are critical for increased chance of sustained recovery and we are excited to begin implementing this new part of our program.

WVARR CERTIFICATION

Rea of Hope and all of our operating properties are the first women's recovery homes in West Virginia to become certified by **West Virginia Alliance of Recovery Residences** (WVARR). WVARR serves as a unified voice advocating for and educating about the recovery residence community in West Virginia. The WVARR standards promote the delivery of quality recovery support services in community-based, residential recovery settings. As a WVARR certified residence, we have completed a thorough application process, including peer review of policies and procedures and an on-site home inspection. WVARR will publish a directory of certified residences to help you learn more about the options available or to find specific information so that you can ensure the quality of care you or your loved one will receive.



GIRLS NIGHT OUT

"Girls Night Out" (GNO) is always a highlight here at the Rea of Hope. Many of us are broken and hurting when we arrive at the Rea of Hope. We like to show the women that it is possible to have sober fun in early recovery. In December, for our GNO we had a Christmas party with our residents catered by **The Catering Ladies**. Outings; however, with such a large number of women and children are hard to coordinate during a pandemic. Rea of Hope came up with a creative solution and in January, rented out a movie theater! The residents and their children enjoyed going to the movies and watching Wonder Woman 1984. As the guidelines continue to change, we look forward to expanding our events and creating new opportunities for the Rea of Hope community to come together.



THE REA OF HOPE BOARD OF DIRECTORS:

We would like to thank Vic Mays for his contribution of time, commitment, and service to the Rea of Hope's Board of Directors. Thank you for all of your hard work; you will be missed. We are welcoming new board member Francesca Rollo, graduate of WVU College of Law, and Judicial Clerk for Federal District Court Judge Frank Volk.

BOARD MEMBERS AND OFFICERS 2021

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Congratulations to our Rea of Hope grads on their sobriety anniversaries and other achievements.

- Amanda D. ('08) on 13 years of continuous sobriety.
- Stacy B. ('10) on 11 years of continuous sobriety.
- Ashleigh S. ('11) celebrated 10 years of sobriety.
- Jenny W. ('12) celebrated 9 years of sobriet
- Beverly S. ('18) celebrated 4 years!
- Ali C. ('18) and Randi J. ('19) both celebrated 2 years of sobriety!
- Isabella H. ('20) celebrated 1 year of continuous sobriety!
- Rea of Hope residents received training in the following this quarter: Relapse Prevention, Self-Empowerment, Sponsorship, Life Balance and Health.



WAY TO GO, WE ARE VERY PROUD OF YOU!!!

COMMUNITY

First Presbyterian Church Youth Group stopped by with goodie bags for all of our ladies! We are always impressed by the youth in our community.

Thank you to our friends from **River Ridge Church Bible Study** in Charleston, WV for blessing our women with hats and scarves for winter!

We want to thank everyone who took the time to vote for us on **Ball Toyota**'s Facebook page! You earned the Rea of Hope \$1,000.00. We also want to thank Ball Toyota for including us and for giving back to the community, this is the second year in a row Rea of Hope has been awarded funds from this contest.

Advocacy Day was not at the Capital this year, but it was still a success! Our Executive Director, Executive Assistant, Program Manager, and 3 of our Peer Support Specialists all represented the Rea of Hope and our premier abstinence based program on the Zoom meeting.

So many Valentines were delivered to our women in a show of love, support and community! Thank you to those who reached out. HAPPY VALENTINE'S DAY

We would like to thank **Mr. Handyman of Kanawha Valley** for the beautiful job they did renovating 2 bathrooms at the Rea of Hope. This was made possible by the continued support of the **West Virginia Housing Development Fund.**

The **Teachers Sorority Chapters Beta and Alpha Lota** provided individualized Christmas gifts for all of our New Life Apartment children. Their generosity is incredible and we are so humbled and grateful for their love and support.



GRADUATE NEWS

Rea of Hope would like to acknowledge 11 graduates and New Life Apartment residents for setting and meeting goals towards self-sufficiency, financial planning, and purchasing vehicles. All of these women arrived to the Rea of Hope without cars, and many without a driver's license. Through working hard, planning, and saving money, they all were able to obtain driver's licenses and purchase transportation for themselves and their families! It is empowering to achieve these milestones in recovery and encourages further goal setting and growth. We are so proud of the example these women are setting for others entering into recovery and can't wait to see what is in store for them next.

We are also proud of the group of Rea of Hope graduates who, through private fundraisers, cash, gift cards and toy donations, collectively contributed over \$1,500 to help provide Christmas to current residents and their children. What an amazing thing to witness: the ripple effects of giving and the joy of paying it forward. Thank you ladies, you all know who you are.







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SPECIAL THANKS TO THE FOLLOWING FOR THEIR GENEROUS SUPPORT:

- The Ryan Brown Fund for awarding the Rea of Hope a grant in the amount of \$276,683 to build a new 3-bedroom townhome for our graduates and their minor children!!
- The Glotfelty Foundation for their grant award in the amount of \$10,000 ensuring we can continue our mission.
- The Daywood Foundation for their donation of \$10,000.
- Jennifer Bailey of the Circuit Court of Kanawha County for her continued support and for designating \$7,128 of unclaimed funds to Rea of Hope.
- Anonymous donation in the amount of \$5,000.
- The H.B. Wehrle Foundation for their grant in the amount of \$5,000.
- The CRC Foundation for the special contribution of \$1,000.
- Greg Paxton and the Home Builders Association of Greater Charleston for the generous contribution of \$500.

OTHER WAYS TO HELP:

Don't forget to like us on Facebook! PLEASE sign up for Amazon Smile and Kroger Community Rewards with the Rea of Hope as your chosen organization.

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