

SPOTLIGHT ON GRADUATES

Annie and Kristina.

We are excited to announce we had 2 graduates this last quarter. Both of them have decided to continue in our program at New Life Apartments. The change we have witnessed in these women is nothing short of a miracle. They have demonstrated willingness to go to any length to rebuild their lives. They have described in their own words their individual experiences at the Rea of Hope.

Annie

"I am excited for the future and will continue to trudge the road to happy destiny. I cannot wait to see what happens in my next chapter. I am forever grateful for the Rea of Hope for helping to change my life."



"I felt a pull to Charleston and got a bed at Rea of Hope. I have always been a runner and I never intended to complete the program; however, I stayed positive, started crossing goals off my list, working full time, communicating with a sponsor, working the 12-steps, and reconnecting with God. Slowly I began to want to be here. The most important thing I have learned is that what I want is not always, what I need. The Rea of Hope has guided me through beginning my recovery."





GIRLS NIGHT OUT

"Girls Night Out" is always a highlight during the month. Our residents get to experience having clean and sober fun, something many have not done for a long time. Enjoying life and laughing are just some of the rewards of recovery that we get to share with our women. In September, we went to the movies, viewed **Where the Crawdads Sing**, and ate dinner together. October is a favorite of many of our residents; we usually do something Halloween related. This year we went to **Fear on the Farm** in Hurricane, it did not disappoint! We plan to return next year. In November, we went to the annual Bean Dinner held by the Edgewood Group. We enjoyed spending time with others in recovery and heard three great speakers. Two of the speakers were graduates of the Rea of Hope!





COMMUNITY

We look forward to the **United Way Day of Caring** each year. This year we partnered with TWO teams for United Way of Central WV's Day of Caring. **PCA Solutions** gave our dining room and living room a fresh coat of paint, while **UniCare Health Plan of WV** did a deep clean on an apartment in preparation for a mother and her two children be reunited. Thank you to everyone who came out and made Day of Caring another fun and successful event in the community.







Rea Hope was excited to host an onsite tour of our facilities for the WV Housing Conference. Funding sources for affordable housing, abstinent-based recovery, and reunification of families were all topics of conversation. Guests included: Matthew Heckels, HUD Regional Administrator; John Bendel, Senior Director, Community Investment at FHLB Pittsburgh; Julie Alston, HUD Field Office Director, Charleston; Brad Ritchie, President Summit Community Bank, ROH & FHLB Board member; Allison Karakis, Government Relations Director FHLB; Andrew Dinsmore, Project & Appropriations Director for Sen. Chris Coons (DE); Julie Greg, Community Planning and Dev., HUD, Pittsburgh; Brian Aluise, Regional Coordinator for Sen. Joe Manchin III (WV); Haley Walker, Executive Director Rea of Hope; Erica Boggess, Executive Director WVHDF.

Our residents all participated in the Glow Run for Recovery. This 5K walk/ run brings awareness to addiction/ recovery and is sponsored by the West Virginia Alliance of Recovery Residences (WVARR).



Rea of Hope hosted a Federal Roundtable sponsored by the **Appalachian Recovery Alliance** with representatives from **US Senator Capito** and **US Senator Manchin's** offices. This call to action in conjunction with recovery month focused on topics ranging from flexibility of SOR funding and block grants, abstinence-based treatment as a viable pathway for recovery, and telehealth in recovery.

COMMUNITY

Our Executive Director and Grant Manager had a great time at the West Virginia Nonprofit Association's Leadership Summit. They enjoyed sessions on Balancing the Nonprofit Leader, Balancing Workplace Culture, Storytelling that Ignites Your Donors and more! It was beneficial to connect and network with other nonprofits contributing to our communities.



Rea of Hope participated in the WV Association of Alcoholism and Drug Abuse Counselors, Inc. Professional Development Summit. Rea of Hope was a Silver Sponsor and Exhibitor.





Rea of Hope residents enjoyed handing out Halloween candy to the neighborhood children. It is always a delight to see our New Life Apartment kids dressed up trick or treating.





Executive Director, Haley Walker, and our Program Director, Brittany Wolfe attended a conference: **Reclaiming Recovery**, in Louisville, Kentucky in October, hosted by **The Healing Place Kentucky**. The conference was stimulating and encouraging. We heard a lot of support for abstinence-based treatment and listened to presentations about what is needed to support long-term recovery. We look forward to attending the conference again next year.

Congratulations to our Rea of Hope residents and grads on their sobriety anniversaries and other achievements.

• Debbie H. ('09) is celebrating 14 years of continuous sobriety.

• Sarah M. ('13) is celebrating 10 years of continuous sobriety.

• Ashley T. ('19) is celebrating 4 years of sobriety.

• Tammi S. ('21) and Ann H. ('21) are both celebrating 2 years of sobriety.

• Rea of Hope residents received training in the following this quarter: Nutrition, Anger Management, and Financial Planning.

Resident's Sobriety Achievements:

10 months-1 year 1
7-9 months 2
4-6 months 4
30 days-90 days 7

Other goals met:

Employment 100% AA/NA Sponsors 100% Graduates 2

Monthly Needs List: white full size bath towels & umbrellas

WAY TO GO, WE ARE VERY PROUD OF YOU!!!



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SPECIAL THANKS TO THE FOLLOWING FOR THEIR GENEROUS SUPPORT-

- DHHR, BBH, Rea of Hopes single biggest supporter, for grants in the amount of \$409,532 for general operating expenses.
- First Presbyterian for the grant award for \$6,500 for utilities, resident needs, and household supplies.
- Huntington Banks for the grant award of \$2,500.
- Rotary Club of Charleston Vandalia for a scholarship for corporate membership to the club!

OTHER WAYS TO HELP:

Don't forget to like us on Facebook! PLEASE sign up for Amazon Smile and Kroger Community Rewards with the Rea of Hope as your chosen organization.



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