

FALL 2014

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Rea of Hopeline

SPOTLIGHT ON CHASITY W., DUSTINA S., LINDSAY C., AND CASEY C.

By Elaine Secrist

I am excited to announce that we have four new victories! Six months may seem like a short time to most people but when struggling with recovery from addiction, six months can seem like a lifetime. It tends to be the small victories of overcoming the day to day choices in life that slowly but surely lead to success in recovery. These four ladies have made positive choices while at Rea of Hope and hopefully will continue on the path of recovery after graduation. Three of the four graduates moved into our New Life Apartments and one returned home to a safe supportive environment.

Chasity W. arrived at Rea of Hope for a second attempt with a completely different outlook on recovery. Her first attempt at Rea was short lived as she thought she knew an easier softer way; of course, there isn't but recovery is about personal acceptance and doing something about it. Chasity came back very humbled with the realization that she really needed structure and guidance to begin her journey of recovery. Chasity had a precious daughter depending on her Mommy to make the necessary changes in her life so that they could be reunited. Chasity began to work very hard with her sponsor on true recovery, not just abstinence from drugs and/or alcohol. Opening her ears to suggestions regarding a better way of life and applying these suggestions has given her back the most precious gifts of all: her life and her daughter.



Dustina S. entered our program with an attitude that "I am here and need help but I am not going to be happy about it". Despite her initial reluctance to be a part of Rea of Hope, Dustina became employed immediately, obtained a sponsor, worked the 12 steps and never caused any problems. Before we knew it, Dustina was joining in with the other residents despite her efforts to remain on the outside looking in. Recovery was working for Dustina and her countenance completely changed. She smiled, her attitude was positive, and the other residents regarded Dustina with admiration. Dustina enjoyed a weekend spiritual retreat and returned with a glow! She felt spiritually revived and began to share her strength and hope with others. She moved into our apartments and continues to work a great program.



Lindsay C. a wife and mother came to us with a desire to "quit messing up" and return home to be the wife and mother she wanted and needed to be. Often our residents have burned all the bridges and lost family support due to the despair we have heaped upon our family and friends; this was not the case for Lindsay. She had a supportive family who wanted their wife and Mommy back! At first, Lindsay struggled with adapting to our rules/suggestions but she turned the corner of willingness and began to make some changes in her thinking and actions. Lindsay was granted an awesome opportunity at a great job and has proven her skills as a trusted employee. Working with her sponsor and making better choices in her recovery led Lindsay to the realization that recovery is possible. Lindsay returned home to her family and we wish them the best.



Casey C. was delivered to us in an orange jumpsuit. Casey's addiction had landed her in jail where most of us eventually end up. Casey is a beautiful young mother of 3 that has been single minded in her recovery mission to have her beautiful children back in her life. The fears of losing her children and her life have been motivating factors in her pursuit of recovery. I was so moved (as I was teaching parenting classes to the residents) when Casey shared some awesome tips on rebuilding trust and practicing consistency with children. Not only has Casey listened, she practices what she has learned in every aspect of her life. Casey's desire is to not only be reunified with her 3 children but to be able to support and care for them as a single Mom. She also moved into our New Life Apartments and is looking forward to having her children back with her.

Thank you ladies for letting Rea of Hope be a part of your journey in recovery.



DEAR REA OF HOPE SUPPORTERS

Rea of Hope has enjoyed much success over the last 9 plus years; directly serving 42 counties, over 250 women and 50 children. We have grown and adapted as we defined the needs of our residents. Expanding our program and opening New Life Apartments in 2008 and 2011 has been and is a life-saving option for our graduates. Through our follow up program we have been able to document the following outcomes. As you can see, the longer we can engage our graduates in a safe supportive environment the better the odds. The success levels are amazing and well over the national averages. Our last fiscal year showed a 69% successful completion rate for our Rea of Hope Phase I program; what does all this mean? It means women are getting better, staying clean and sober, working, paying taxes, staying out of the judicial system, being mothers and productive members of their communities. Thank you for your investment in their future and the future of their children, mothers, fathers, employers, friends and neighbors. We are looking forward to celebrating TEN years next May, save the date!!!!

Sincerely,
Marie Beaver
Executive Director

**Rea of Hope Outcomes based on 118 successful completions
April 2005-June 30, 2014**
One year post- graduation (94 out of 118 meet this time frame)

75% Clean and Sober
82% Working
86% Living in a safe place
95% No new pending legal problems
63% Attending meetings

**New Life Apartments Outcomes based on 31 successful completions
June 30, 2014**
**One year post- graduation (out 24 of 31 meet this time frame)
(unable to contact 1)**

91% Clean and Sober
96% Working
96% Living in a safe place
100% No new pending legal problems
87% Attending meetings
46% Living at NLA

TWO GREAT INNOVATIVE WAYS TO DONATE

Rea of Hope, Inc. enrolled in a new program through **Kroger** called **Community Rewards**. This program gives back to the Rea of Hope based on a percentage of what you spend. All you have to do is enroll your Kroger Plus Card at the website listed below and select Rea of Hope, Inc. as your charitable organization. Then every time you go to Kroger, just slide your Kroger Plus Card at the time of your purchase and a portion of your total amount spent will be donated quarterly. It costs you nothing extra; just go to www.kroger.com/communityrewards to enroll. Once enrolled, you must update every year and reselect your organization of choice! Just another way to help us, help our residents!

AmazonSmile is a website operated by Amazon that lets customers enjoy the same wide selection of products, low prices, and convenient shopping features as on Amazon.com. The difference is that when customers shop on AmazonSmile (smile.amazon.com), the AmazonSmile Foundation will donate 0.5% of the price of eligible purchases to the charitable organizations selected by customers. Please log on to your Amazon account and select Rea of Hope as your charity. Check out the link on our Facebook page and our website under "How to Donate".

BOARD MEMBERS AND OFFICERS 2014

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Vice President, Wayne Hypes
Secretary, Mary Elisabeth Eckerson
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Mitch Collins	Kelly Cielensky
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Tammy Harper	Ann Urling
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Shirley Hyatt	Randy Richardson

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Nick Casey, Ex Officio

Staff: Executive Director, Marie Beaver
Associate Director, Elaine Secrist
Program Case Manager, Haley Herron ('09)
Program Admissions Coordinator, Hollie McCraw ('13)
Part-time Bookkeeper, Beth Robey
House Tech, Sandy Fisher
House Tech, Breanna Matchett
House Tech, Melissa Thompson ('14)
House Tech, Kim Polling ('13)
House Tech, Amanda Datson ('14)

RESIDENT'S SOBRIETY ACHIEVEMENTS:

1 year or more	0
9 months-one year	0
6-9 months	5
3-6 months	4
30 days-90 days	5

Other goals met:
Employment 100%
AA/NA Sponsors 100%
Graduates 4

% based on residents of at least 30 days

MONTHLY NEEDS LIST:

Bath towels (white)
Dishwasher Detergent
Hand towels (white)
Toilet bowl cleaner
Single bed sheets (white)
Lysol Kitchen-Aide
Toilet Paper
Paper Towels
Bleach
White kitchen trash bags
Small umbrellas

GIRLS NIGHT OUT

Elaine Secrist

As I mentioned in our last newsletter, we have had to change our monthly Girls' Night Out to quarterly due to the increase from 12-30 women. As Rea has grown so has the cost of our Girls' Night Out. First, I thank our anonymous investor for the funds for this Girls' Night Out! It is people like you who help dreams become reality!

In August, our fun night was going to be a trip to the West Virginia Power Park for an awesome night of baseball and hotdogs. The game was rained out but our spirits were not dampened as we had a Girls' Night In! Pizza and Pictionary was our choice and we had a ball!! Artists in the group?? Not so much!

It is wonderful to see all of our girls laughing and simply enjoying life for a change. It is hard for many of our ladies to enjoy this night as they often feel guilty for enjoying anything due to the havoc we created on our families due to addiction. My job is to make sure they understand that being happy, joyous and free is a result of true recovery!

Thanks to all who continue to support this great night!! Every one of the ladies is very grateful and looks forward to these nights. Please consider supporting a night of fun for our ladies!!



Congratulations to:

Heather L. for successfully completing and graduating drug Court while a resident of Rea of Hope.

Heidi B. for passing her GED test and receiving her diploma..... we are very proud of you both!!!!



Congratulations to our Rea of Hope grads on their sobriety anniversaries and other accomplishments:

- **Shervin G. ('14) and Jess M. ('14)** both started their first semester at WV State ,August 18
- **Holly T. ('08) & Glory F. ('08)** are both celebrating 7 years of continuous sobriety
- **Shervin G. ('14)** celebrating 4 years of continuous sobriety
- **Melissa T. ('14)** 2 years clean time and working full time at Rea as a House Tech
- **Amanda D. ('14) & Breanna M. ('13)** just celebrated 18 months of sobriety and both have volunteered for AmeriCorps
- **Mandy S. ('14) and Chasity W. (14)** on 1 whole year of sobriety
- **HAPPY BIRTHDAY!!- Marlon, 7 son of Stacey B. ('10); and Halle, 1, of Eden W. ('13)**
- Welcome to **Albani, daughter of Chasity W. ('14)** resident of New Life Apartments.

WAY TO GO, WE ARE VERY PROUD OF YOU!!

Richard D. Wolford Room

Rea of Hope has been blessed to have "Rick" Wolford as our Board Treasurer for four years and President for four more. He has given so much of his time, expertise and love to our mission it was hard to find a way to say thank you. To make sure he would always be a part of Rea of Hope, we had a ceremony to hang the plaque in the new "Richard D. Wolford Room". Beth Robey, our bookkeeper and baker extraordinaire, made his favorite cake from scratch, Carrot Cake; which is now all our favorites.





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SPECIAL THANKS TO THE FOLLOWING FOR THEIR GENEROUS SUPPORT:

- *DHHR, Behavioral Health and Health Facilities, Bureau on Alcoholism and Drug Abuse* for their continued support as our single biggest funder and the grant in the amount of \$125,000 for our New Life Apartments .
- *WV Governor’s Office of Economic Opportunity* for \$13,300 to assist with utilities for our New Life Apartment building.
- *Mayor’s Office of Economic and Community Development* for their grant of \$4500 to help with utilities for Rea of Hope.
- *Vandalia Rotary Club* for their very generous donation of \$2000 which paid for a new dryer, deep freezer, flooring, paint, mulch and an awning.
- *BB&T West Virginia Foundation* for their continued support and the grant for \$3000.
- *The Greater Kanawha Valley Foundation* for their grant in the amount of \$20,000 to assist in salaries for night and weekend workers and utilities.
- *Sisters of St. Joseph* for their continued support for resident’s needs and a check in the amount of \$1000
- *Blessed Sacrament* for their monthly tith of \$100 to help with program supplies.
- *Board members Joan Baldwin, Vicki Cunningham, Sharon Iskra, Jennifer Harper and friends* for taking turns babysitting every Monday for our New Life kids so their moms can get to at least one self-help meeting without taking their children. It has been a great experience for the adults and the kids.



Rea of Hope was fortunate enough to receive WV Tax Credits through the Neighborhood Investment Program (NIP), WV Development Office, again this year. This is a fantastic program to encourage charitable giving and a way to get back up to 50% of your donation on your state; personal or business taxes. A minimum donation to receive CREDIT is \$500. Please contact Marie Beaver 304- 344-5363 for more information.

<p>Donor’s Name _____</p> <p>Address _____</p> <p>_____</p> <p>Phone _____</p> <p>E-Mail _____</p> <p>One Time Gift _____ Annual _____ Other _____</p>	<p>LEVEL OF GIVING</p> <table border="0"> <tr> <td>FRIEND of Rea of Hope</td> <td>\$50</td> <td>plus</td> </tr> <tr> <td>SUSTAINING</td> <td>\$500</td> <td>plus</td> </tr> <tr> <td>SPONSOR</td> <td>\$1000</td> <td>plus</td> </tr> <tr> <td>MEDALLION</td> <td>\$2500</td> <td>plus</td> </tr> <tr> <td>ANGEL</td> <td>\$5000</td> <td>plus</td> </tr> <tr> <td>ELITE SPONSOR</td> <td>\$1000</td> <td>for 5 years</td> </tr> <tr> <td>ELITE PARTNER</td> <td>\$500</td> <td>for 5 years</td> </tr> </table>	FRIEND of Rea of Hope	\$50	plus	SUSTAINING	\$500	plus	SPONSOR	\$1000	plus	MEDALLION	\$2500	plus	ANGEL	\$5000	plus	ELITE SPONSOR	\$1000	for 5 years	ELITE PARTNER	\$500	for 5 years
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