

SPRING 2016

WWW.REAOFHOPE.ORG

# Rea of Hopeline

## “SPOTLIGHT ON KRISTA W. AND KELLY N.” BY ELAINE SECRIST

**Krista W. and Kelly N.** share the spotlight for this last quarter. Graduation from our program is a very hard earned ‘degree’ in recovery and learning to live life on life’s terms. Abstaining from alcohol and/or drug use is only the tip of the iceberg in recovery. We must not only quit using these substances but learn to live and think in a whole new way. The 12 steps of recovery are the guidelines to a sober and rewarding life. These ladies are experiencing this new way of life because they all follow our suggestions, work the 12 steps with their sponsors, attend AA/NA meetings and remain teachable.

**Krista W.** is a second time graduate of Rea of Hope. Upon Krista’s first graduation from here she did well for a while; slowly, Krista quit practicing everything she had learned here and her disease told her she had addiction under control and did not need meetings, a support group or a sponsor. Well.... Krista quickly found out that there is no easier, softer way: almost immediately she was back in the throes of addiction. This relapse took Krista to new lows she never could have imagined. Not everyone gets a second chance at recovery so we are thrilled that Krista made it back. Krista moved into our New Life Apartments and this time her actions are speaking louder than her words.

**Kelly N.** came to us very broken and shy but with enough motivation to change her life. Like most, Kelly struggled with some of our rules and restrictions feeling as though all of those rules just did not apply to her! Kelly was always polite as she listened to our suggestions and reminders that she needed to get with the program. Punctuality and organization were huge struggles for Kelly. However, her determination to stay here along with her willingness to go to any lengths helped Kelly to make monumental changes in her life. This life of sobriety has mended Kelly’s relationship with her two grown sons; their daily phone conversations speak volumes for what God can give back to us once He is sought. Alone and hopeless are no longer adjectives for Kelly’s life today! Kelly’s beautiful smile and gentle ways are just a few of her attributes; she loves her life today and we are thrilled she also moved into our New Life Apartments.

As always, God continues to work miracles! We are very proud of you and wish you the best on your individual journeys.

### Congratulations to our Rea of Hope grads and residents on their sobriety anniversaries and other accomplishments:

- Shervin G. ('14) for making the Dean’s List at WV State University.
- Amanda D. ('14), on 3 years of continuous sobriety.
- Breanna M. ('13) on 3 years continuous sobriety Happy First Birthday to her beautiful son Vincent David
- Kim P. ('12) and Jenny R. ('12) on 4 years continuous sobriety
- Ashleigh S. ('11) and Elly A. ('12) on 5 years continuous sobriety.
- Stacy B. ('10) on 6 years continuous sobriety and the birth of her daughter Gabriella Rose Huff born 11/24/15 7 lb. 14 oz.
- Amanda D. ('08) on 8 years continuous sobriety.
- Katie D. ('14 ) on the birth of her daughter Rowen Willgot Harless, born 12/24/15, 7 lb 8 oz , 19 3/4 inches
- Rea of Hope residents received training in the following this quarter;  
Healthy Relationships, Domestic Violence, Job Etiquette and STD/HEP C/HIV education

WAY TO GO, WE ARE VERY PROUD OF YOU!!





## DEAR REA OF HOPE SUPPORTERS

It is hard to believe we are getting ready to celebrate eleven years of serving women and their families, over 300. Now more than ever; we want to continue to stress our mission of self-sufficiency for our residents. Within 72 hours of admission our residents are required to start job searching and our goal is 100% will have employment within 30 days of admission. Our residents come with checkered backgrounds and many with legal issues but we have never had a resident who could not find "a job", maybe not "the job" but a job nonetheless. It takes the women with felonies a little longer but many of our area businesses are happy to hire Rea of Hope residents and give them an opportunity. We have several employers who often ask, do you have anyone who needs a job. Our residents are drug screened regularly and receive job etiquette classes. The staff, many of whom are graduates, are daily role models. Our residents have already completed a treatment program and have a minimum of 30 days of sobriety when they come to Rea of Hope. We are not treatment; we are a program for living. We teach the women how to LIVE life not just talk about it. Rea of hope is a program of ACTION and that is what recovery is all about. Parents, children and other family members can sleep at night knowing their loved ones are safe and able to take care of themselves. The value to the tax payer is phenomenal; our residents and graduates are working, paying taxes and supporting themselves and staying out of legal troubles at a huge savings to the state. Thank you for your support in helping Rea provide this valuable service in your community. I hope to see many of you at our celebration, April 28. Thank you for your continued support.

Sincerely,  
Marie Beaver

The Rea of Hope Board of Directors hosted their annual Christmas party for staff and residents. There was lots of food and laughter, as the residents were in charge of entertainment and performed their version of The Twelve Days of Christmas. It was an opportunity for all to get to know each other and the residents each wrote a letter of thanks to a particular board member and presented it at the party. We thank our very dedicated board and their families for all their support. Special thanks to Elaine Secrist, Associate Director for making homemade lasagna and Beth Robey, Bookkeeper for preparing the salad for the 60 plus group.

### BOARD NEWS

On behalf of the Board of Directors, I would like to personally thank Sarah Holroyd and Roger Baird for their commitment, service and contribution of time to the Board of Rea of Hope. This organization could not be such a success without the help of all of you and your energy, enthusiasm, and dedication to the mission of Rea of Hope. You will be missed - thanks for all the hard work you have done! Welcome new board members Dee Younis and Paula Vineyard. Brad Sorrells, Board president

## RESIDENT'S SOBRIETY ACHIEVEMENTS:

1 year or more	1
9-1 year	1
6-9 months	2
3-6 months	7
30-90 days	3

### Other goals met:

Employment	100%
AA/NA Sponsors	100%
Graduates	2

## STAFF:

Executive Director, Marie Beaver  
Associate Director, Elaine Secrist  
Program Case Manager, Haley Herron ('09)  
Administrative Assistant, Heather Darr  
Bookkeeper, Beth Robey  
Recovery Coach, Sandy Fisher  
Recovery Coach, Amanda Datson ('14)  
Recovery Coach, Kim Polling ('13)  
House Tech, Stephanie Seaton ('15)  
House Tech, Stephanie Vance ('15)  
Part Time Recovery Coach,  
Breanna Matchett ('13)

## GIRLS NIGHT OUT

Elaine Secrist

Girls Night Out gives all of us the opportunity to have a good time and help these ladies establish some great friendships with one another. Laughter and healthy relationships are not something we experience in active addiction and this night allows us to experience both of these. This is difficult for many of us as we have forgotten these basic essentials of life.

In December, once again the always faithful Lakeview Christian Ladies donated Christmas goody bags to every resident and supplied gifts for all of our children. Also, thanks to our amazing Board of Directors for their donations to ensure every resident received a Christmas gift card. Humbleness and gratitude overflowed from our residents!

In February, the residents and staff attended the Annual Cedar Lakes Roundup. A weekend of spirituality, fellowship, great speakers and fun; everyone was refueled with gratitude and hope. Every year we have ladies who don't want to go but upon return they are brimming with gratitude and hope. They are already asking if there are any other retreats in the near future. Everyone needs hope and encouragement and we are blessed to introduce these ladies to this awesome and spiritual weekend. Most of our ladies have not experienced healthy outing in a very long time, if ever. We truly appreciate those who continue to help make these monthly events possible.

It was great to see many of our graduates at Cedar Lakes enjoying their long term recovery with friends. (Amanda '08, Sara '13, Holly '08, Halley '09 and Debbie '09.)

Thanks to all who support our Girls Night Out!! If you would like to sponsor a night, please give me a call.



## BOARD MEMBERS AND OFFICERS 2016

President, Brad Sorrells	Ruth Joseck
Vice President, Mitch Collins	Webster Jay Arceneaux
Secretary, Mary Elisabeth Eckerson	Ann Urling
Treasurer, Laura Ellis	Sharon Iskra
Jennifer Harper	Tony Mazellon
Sally Holliday	Shirley Hyatt
DeeDee Younis	Randy Richardson
Dave Williams	
Paula Vineyard	Emeritus:
Wayne Hypes	Richard D. Wolford
	Nick Casey





**proudly sponsors**  
**REA OF HOPE'S ANNUAL**  
**MIRACLES ON LEE STREET**  
**DINNER & SILENT AUCTION**  
**THURSDAY, April 28, 2016**  
**6:00 PM**  
**EDGEWOOD COUNTRY CLUB**

*Celebrating 150 successful graduates and our 11 year anniversary of serving women*

*Tickets are \$85 per person, tables are \$850*  
*(ALL PROCEEDS GO TO REA OF HOPE, INC)*

**SPONSORS to DATE**

**Platinum Sponsor: UniCare Healthplan of WV, Inc., LOC Investment Advisors, Federal Home Loan Bank of Pittsburgh, AEP Appalachian Power**

**Silver Sponsor: Brickstreet Insurance, Larry & Shirley Hyatt, Putnam County Bank, Arnett Carbis Toothman, CPA's & Advisors, Hilliard Lyons, Harvit & Schwartz L.C.**

**Bronze Sponsor: Rick & Alison Wolford, Andrew & Becky Jordon, Better Foods Inc., Dominion, Advanced Physical Therapy, Greenwood Inc., Gaddy Engineering, The Huntington National Bank, Nick & Mary Casey, WoodForest National Bank, St Francis Hospital**

**Silent Auction Donors to Date**

Lakeview Golf Resort	Edgewood Country Club	Pugh Furniture	One Stop	Mia Moran Cooper
Glade Springs	Robin Demarchi/Spa Bliss	Tammy Jones/Massage	CrossFit WV	Stone Art Studio
WV Power	Tonie Garrett	Stewart & Thaxton	Holl's Chocolate	United Bank
Brickstreet	Kelly Lucas	Blennerhassett Hotel	Lynn Payne	Calvin Broyles Jewelers
Better Foods, Inc.	J Q Dickinson Salt-Works	Diane Harper	Ace Adventures	Dr. Augustus Hamrick III
Holly Price Interiors	Young's Floral	Znergy Cycling	Valley Gardens	Paula Vineyard
Sarah Young	Teay's Physical Therapy	Shirley Hyatt	Pat King/Hairport	Mardi Gras Casino
First Watch	Petit Jewelry	Danielle Magro Wade, DDS	EarthScape WV	House of Luxe
Hot Spot				Adventures on the Gorge

Start planning your vacation now and be sure to bid on this exceptional value at one of the most beautiful places on the South Carolina shoreline.

**BEACH VACATION**

**One "Off-Season" Week Stay at "Stella Maris"**

**Harbor Island, SC, is one of the Low Country Sea Islands, and offers the best of both worlds: quiet relaxation on natural beaches or lots to "see and do" just 15 minutes away in historic Beaufort, SC! Harbor Island is also just 5 minutes from Fripp Island, SC and our house is ideally located for day trips to Hilton Head (45 minutes) Savannah (1 hour) and Charleston(90 minutes.)**

**The area also offers great local seafood, golf, beach horseback riding, marsh kayaking, deep sea fishing, Gullah culture and more!**



**Enjoy a 7-night stay in our 3-story house, with 2 balconies, 4 bedrooms, 4 baths, on a tidal lagoon overlooking the Saint Helena Sound and Atlantic Ocean. It sleeps 8 and includes use of our 6-seater golf cart, beach chairs, beach towels, bikes, sand toys, area guide books, movies and more. Beautiful views of shrimp boats in the harbor, the marsh, and the Atlantic Ocean! Spectacular sunsets can be seen from most rooms and 2 large balconies. The island is a bird rookery, home to many different sea birds! Enjoy unspoiled beaches, collect seashells and watch dolphins play close to shore.**

VALUE: The retail value (rent/taxes/fees) is up to \$1650 per week based on occupancy and season.



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## **SPECIAL THANKS TO THE FOLLOWING FOR THEIR GENEROUS SUPPORT:**

- *The H. B. Wehrle Foundation* for their continued support and the donation of \$5,000.
- *The Cary Foundation* for their generous donation of \$10,000.
- *The Daywood Foundation* for their continued support and gift of \$6,000
- *The CRC Foundation* for their continued support and gift of \$1,000.
- *Charleston Area medical center Human Affairs Council* for their gift of \$2500 to assist residents and their children with transportation to doctor appointments, medicines, etc.
- *Rea of Hope graduate Krista W. ('15)* for her donation of \$100 with gratitude for what Rea has done for her.
- *WSAZ Children's' Charities* for their donation for \$500 to be used for the children at New Life Apartments.
- *Kanawha United Presbyterian Church* for their donation of \$300.
- *Community Lutheran Partners* for their Goodie Baskets for all graduates which include pots/pans, silverware, sheets, towels, pillows, cleaning /washing supplies, etc..

### **Monthly Needs List:**

Dishwasher Detergent  
Bleach  
Lysol Kitchen-Aide  
Paper Towels

White kitchen trash bags  
Small umbrellas  
Single bed sheets (white)  
Toilet Paper

**Thank you to all who have signed up their Kroger Cards, Rea of hope received a check for the first quarter in the amount of \$686....Keep up the good work!!!**

**It is never too late to sign up, please share this information with your friends.**

### **INNOVATIVE WAY TO DONATE:**

Rea of Hope, Inc. enrolled in a new program through **Kroger** called **Community Rewards**. This program gives back to the Rea of Hope based on a percentage of what you spend. All you have to do is enroll your Kroger Plus Card at the website listed below and select Rea of Hope, Inc. as your charitable organization. Then every time you go to Kroger, just slide your Kroger Plus Card at the time of your purchase and a portion of your total amount spent will be donated quarterly. **It costs you nothing extra**; just go to [www.kroger.com/communityrewards](http://www.kroger.com/communityrewards) to enroll. Once enrolled, you must update every year and reselect your organization of choice! Just another way to help us, help our residents!

If you would like to receive this newsletter electronically, please visit our website and follow the directions to subscribe.