

Volume 6, Number 2  
Summer 2013



[www.reaofhope.org](http://www.reaofhope.org)

# Rea of Hopeline

## Spotlight on Amy V. and Jessica C.

By Elaine Secrist

Rea of Hope is beginning our 9th year of helping women in early recovery from drugs and/or alcohol evolve into sober, productive and self-sufficient members of society. Thus far, we have celebrated 93 graduations from Rea of Hope; we are thrilled that our successful completions of our program are nearing the 100 mark.

**Amy V.** came to us full of skepticism but enough willingness to give recovery a try. Amy's demeanor was very flat when she first arrived and rarely smiled. Amy followed our suggestions and questioned many of them! She, like most of our residents, agreed with some of the guidelines but disagreed with the ones that interfered with her making her own choices. Amy slowly but surely began to work a great program with her sponsor, attended AA/NA meetings and followed suggestions given to her. Before we knew it, Amy was not only smiling....she was laughing and sharing her recovery with other residents. Amy is full of life today and is excited to see all the great things to come in her life of sobriety.

**Jessica C.** came to us with her head down and full of despair. She had a basic understanding of recovery but not real sure it would work for her. All she knew and had to know was that she needed help. Her life had already become so unmanageable that she felt as though there was very little hope for her. Jessica was very quiet and never caused a single problem so staff was a little concerned if she was truly working a program. Although Jessica was a woman of few words, she certainly validated the adage "actions speak louder than words" with her total commitment to living a sober life! (continued on pg.2)

## Rea of Hope receives Copyright on Recovery Guidebook

Rea of Hope has long been recognized nationally and by the state as a model program and due to the impressive statistics of graduates we follow for 1 year post discharge (please see stats below) we have been asked to open "Rea of Hope's" all over the state. While it has been very exciting to think of spreading our wings the Board decided to focus on what we do well and stay in Charleston. We did come up with a solution to share what we have learned with others who are interested in opening or running a program similar to ours; we put together the Rea of Hope Recovery Guidebook and received the copyright for it this spring. We are selling the Guidebook which comes with extensive training and consultations for the new staff. A program in Wheeling was our first customer and we have enjoyed getting to share our message and to know their staff, as they have been spending a good bit of time in Charleston with us. We have received extensive interest and support since making our announcement. Rea of Hope has a proven track record with documented successes which not only saves lives and puts families back together it saves the tax payers thousands every year. Our graduates are working, paying taxes, staying out of the justice system and the child protective service system and most importantly breaking the cycle of abuse.



### Rea of Hope Outcomes based on 91 successful completions

|     |                               |
|-----|-------------------------------|
| 71% | Clean and Sober               |
| 81% | Working                       |
| 85% | Living in a safe place        |
| 94% | No new pending legal problems |
| 58% | Attending meetings            |

### New Life Apartments Outcomes based on 21 successful completions

|      |                               |
|------|-------------------------------|
| 94%  | Clean and Sober               |
| 94%  | Working                       |
| 94%  | Living in a safe place        |
| 100% | No new pending legal problems |
| 88%  | Attending meetings            |

## Dear Rea of Hope Supporters,

I would like to thank all who made the Miracle on Lee Street fundraiser this year a huge success. We had 190 guests and raised over \$43,000. We could not have done it without the support and generosity of many, especially our sponsors and auction donors. Every year we have guests who are not familiar with the Rea of Hope and they always ask, "why have I not ever heard about this organization?" The answer is simple, most of us are not familiar with the multitude of helping agencies until we are in need of their services. Unfortunately many of us have to learn about an agency in a moment of crisis when we are vulnerable and desperate for solutions. I have personally learned of many agencies in the valley through working with our residents; the Kanawha Valley is blessed to have so many options for people in need. I am not a native of WV and since moving here I have always been impressed with the attitude of giving back to the community. Rea of Hope would not be able to meet our mission without your help and support.

Sincerely,  
Marie Beaver  
Executive Director

**(Spotlight continued)** I always have to give God all of the credit as He is still in the miracle business. "God could and would if He were sought" - these ladies have sought God and as always He is steadfast in His promises.

We have served over 200 women; obviously many did not complete their stay, but I am sure that while at Rea of Hope, they know that there is truly hope and a better way of life. Graduating from our program requires a six month stay coupled with continuous sobriety, full time employment, working with the 12 steps of recovery with a sponsor and following our suggestions. This may seem like a short time to some people, but to those in recovery it is a very long and demanding journey. These ladies have to change not only their playmates, playgrounds, and play things; they also have to change their thinking process. Years of drug abuse and/or alcohol abuse has robbed us of self, family, friends, jobs and often our freedom. The good news is that there is a 'ray of hope' for those suffering from addiction and Rea of Hope is that place to get it! This quarter we once again are blessed to have 2 more graduates and both ladies are transitioning into our New Life Apartments.



REA OF HOPE'S ANNUAL  
MIRACLES ON LEE STREET  
DINNER & SILENT AUCTION  
THURSDAY, MAY 2, 2013  
6:00 PM  
EDGEWOOD COUNTRY CLUB



*Platinum Sponsor: Federal Home Loan Bank, Pittsburgh, Unicare Health Plan of WV, Inc.*

*Gold Sponsor: Brickstreet Insurance, Putnam County Bank*

*Silver Sponsor: Lewis, Glasser, Casey & Rollins, PLLC, American Electric Power Company, Robinson & McElwee, PLLC, Molina Medicaid Solutions, Arnett, Foster & Toothman, PLLC, Richard & Alison Wolford*

*Bronze Sponsor: CR Damron Electric, Gaddy Engineering Company, St. Francis Hospital, Ramsey Insurance Company, WesBanco Bank, Charleston, Greenwood, Inc., The Manahan Group, Robert & Shelly Updegrave, Steve & Beth Robey, Huntington Bank, Advanced Physical Therapy*

### Silent Auction Donors

|                         |                           |                   |
|-------------------------|---------------------------|-------------------|
| Lakeview Golf Resort    | Brickstreet Insurance Co. | Nancy Daugherty   |
| Pugh Furniture          | House of Luxe             | Laura Jennings    |
| Yoak Properties, LLC    | Coach "Doc" Holliday      | Progressity, Inc. |
| Robin Demarchi          | Pennington Project Band   | United Bank       |
| Duffy's Dry Cleaners    | Pat King/Hairport         | Wheelhouse        |
| Valley Gardens          | Loop Pharmacy             | Lynn Payne        |
| Stewart & Thaxton, PLLC | Spirit of WV              | Marriott          |
| Embassy Suites          | The Manahan Group         | Eggplant          |
| Holl's Chocolates       | Stone Art Studio          | WV Power          |
| Dr. Lorena Surber, DDS  | Vicki Cunningham          | One Stop          |
| Princess Young          | Sleepy Hollow Golf Club   | Macy's            |
| Blennerhassett Hotel    | Homestead Resort          | Spa Bliss         |
| Tonie Garrett           | Teresa Pauline            | Ace Raft          |
| Affordable Closets      | Galperins Jewelers        | CrossFit          |
| Edgewood Country Club   | WV Symphony               | IHOP              |
| Turner Medical Spa      | Stonewall Resort          | Geraniums         |
| Curves of Kanawha City  | Petit Jewelry Design      | iFitt 24          |
| Sarah Parsons           | Oasis Spa                 | Kelly Lucas       |
|                         |                           | DeemHR            |



### Resident's Sobriety Achievements:

|                   |   |
|-------------------|---|
| 1 year or more    | 2 |
| 9 months - 1 year | 1 |
| 6-9 months        | 4 |
| 3-6 months        | 5 |
| 30-90 days        | 2 |

### Other goals met:

|                |      |
|----------------|------|
| Employment     | 100% |
| AA/NA Sponsors | 100% |
| Graduates      | 2    |

(Percentages based on residents of at least 30 days)

### Monthly Needs List

Bath towels (white)  
Dishwasher Detergent  
Toilet bowl cleaner  
Single Bed Sheets (white)  
Hand Towels (white)  
Lysol Kitchen-Aide  
Toilet Paper  
Paper Towels  
Bleach  
White kitchen trash bags  
Small umbrellas



**President, Richard Wolford**  
**Wayne Hypes, Secretary**

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Ann Urling      Mary Elisabeth Eckerson  
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Vickie Cunningham      Mary Sellinger

**Staff:** Executive Director, Marie Beaver  
Associate Director, Elaine Secrist  
Program Case Manager, Amanda Dietz  
Program Admissions Assistant, Haley Herron  
Part-time Bookkeeper, Beth Robey

### Board Members and Officers 2013

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House Tech, Tammy Atkins  
House Tech, Angie White  
House Tech, Holly Tonkin  
House Tech, Jessie Hixon

# Girl's Night Out

By Elaine Secrist

*When the working day is done,  
Oh, girls,  
They wanna have fu-un.  
Oh, girls,  
Just wanna have fun...*



The lyrics of this 1979 song by Cyndi Lauper always spring to mind when our "Girls Night Out" rolls around! Everyone looks forward to these monthly outings and we continue to have as much fun as we can!

**In March**, we enjoyed a wonderful Mexican meal at "Rio" and then stormed the Park Place Cinemas to see "Identity Thief". Everyone loved the food and the movie was hilarious! Hearing the ladies laugh is a blessing in itself.

**In April**, we went bowling and wiped out the Chinese Buffet! Bowling has become quite competitive with our group; we have some ladies that can really bowl! We always have a great time at Galaxy Lanes and appreciate how well we are treated there.

**In May**, Rick and Alison Wolford treated the ladies to their annual trip to the "Power Park". This trip included admittance, a t-shirt and hotdog/pop; what a wonderful gift to these ladies. It was another "homerun" for Girls Night Out.

We have some more great night planned but are always open to suggestions! Thanks to all who continue to support us.



## thank you

A BIG Thank you to **BB&T Processing Center** for choosing Rea of Hope as their **Lighthouse Community Project**. The team headed by Debbie Hicks and Angela Jones painted several rooms at Rea of Hope and purchased and delivered 14 electric blankets (no easy feat to find in May) pillows, laundry baskets, sheets, vacuum cleaners, a wheel

barrow, paper products and cleaning supplies. This is not the first time this group has showered Rea with gifts and we hope it will not be the last.

**Rea of Hope** supported and had a team of residents captained by **Amanda Deitz**, participate in a **bowling fundraiser** for the **Special Olympics** and they all had a wonderful time. **Rea** encourages our residents to give back to the community.



## Residents and Alumni:

- **Brecken B. ('09)** and **Haley H. '09** on 4 years of continuous sobriety
- **Haley H.'s ('09)** son Noah turned 3; **Amanda D.'s (08)** daughter Emma celebrated her 11th birthday and heads to middle school, son Chad graduated kindergarten; **Debbie R.'s ('08)** daughter Lexi had her 3rd birthday and **Sommer. S's ('12)** daughter Lexi turned 5. **HAPPY BIRTHDAY TO ALL...**

Best gift ever is that they are all living with their mothers in a clean and sober loving home.

- **Tammy A. ('11)** on receiving her **Peer Support Specialist Certification**.
- **Holly T. ('08)** was selected from over 200 Social Work students to be inducted into the **National Honor Society**, Holly has maintained a 4.0 GPR since entering college and is scheduled to graduate with her Bachelor's degree in the fall.
- **Kristy K. ('11)** and daughter **Kaleigh** were invited to speak at the **WV Women's Commission Annual Conference**; the mother daughter duo shared their personal story of how drugs and alcohol had affected their family and their road to recovery.



**WAY TO GO, WE ARE VERY PROUD OF YOU!!**



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**Special Thanks to the following for their generous financial support:**

- *First Presbyterian Church, Charleston for their annual grant in the amount of \$3300 this year to assists with clothing, food, personal hygiene products and other residents needs.*
- *The McDonough Foundation for their gift of \$10,000 to assist Rea of Hope with our mission.*
- *Elisabeth Memorial United Methodist Church for the cleaning and household supplies.*
- *The Lakeview Christian Church ladies group for the very generous and beautiful Easter baskets for all of the children at New Life.*
- *UniCare Health Plan of WV, Inc. for their continuous supply of household supplies.*
- *Zach Drigg, Troop 5, for selecting Rea of Hope for his Eagle Scout Project, mulching 3 properties on Beauregard and collecting household supplies.*
- *Mr. Handyman of Kanawha Valley for all of their support and volunteer labor.*
- *Brickstreet Insurance employees lead by Sara Telisko for selecting Rea for a community service project and mulching the home on Lee Street.*
- *Pam Stevens for her donation of over \$5000 in Mary Kay products.*
- *Cache Clothing Company of Town Center Mall for their donation of clothing valued at over \$2,000.*
- *Alpha Delta Kappa Sorority for their donation of cleaning supplies.*



Rea of Hope was fortunate enough to receive WV Tax Credits through the Neighborhood Investment Program (NIP), WV Development Office, again this year. This is a fantastic program to encourage charitable giving and a way to get back up to 50% of your donation on your state; personal or business taxes. A minimum donation to receive CREDIT is \$500. Please contact Marie Beaver 304- 344-5363 for more information.

Donor's Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone \_\_\_\_\_  
 E-Mail \_\_\_\_\_  
 One Time Gift \_\_\_\_\_ Annual \_\_\_\_\_ Other \_\_\_\_\_

| LEVEL OF GIVING       |                     |      |
|-----------------------|---------------------|------|
| FRIEND of Rea of Hope | \$50                | plus |
| SUSTAINING            | \$500               | plus |
| SPONSOR               | \$1,000             | plus |
| MEDALLION             | \$2,500             | plus |
| ANGEL                 | \$5,000             | plus |
| ELITE SPONSOR         | \$1,000 for 5 years |      |
| ELITE PARTNER         | \$500 for 5 years   |      |

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